## Lansing Area FREE Breastfeeding Help

**Black Breastfeeding Sisterhood** FREE mother-led breastfeeding support group, 2<sup>nd</sup> and 4<sup>th</sup> Thursdays, 5:30 – 7:00, Willow Tree Family Center 3333 South Penn. Lansing, MI, park in the back (586) 806-9832 or (313) 948-2261

**Breastfeeding Group** Tuesdays 12 noon- 1 pm Sparrow Professional Building, Conference Rm. A (2<sup>nd</sup> floor)

**Capital Area Baby Café** Drop in breastfeeding support, Wednesdays 10 am-12 pm, Pennway Church of God 1101 E. Cavanaugh, Lansing, MI 48910. Call EPO for more info 517-887-7000 *Facebook.com/capitalareababycafe* 

**Delta Waverly La Leche League** *Illdeltawaverly.weebly.com* **Meetings** 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays 10 am and 3<sup>rd</sup> Tuesdays 6:30 pm, Delta Presbyterian Church (lower level) 6100 W. Michigan Ave., Lansing MI 48917 *www.facebook.com/deltawaverlylalecheleague* 

#### **Group Leaders**

Mary Ann (h)517-321-1818 (c)517-230-1503 mamartin@sprynet.com Alexia 248-766-6988 alexiamansour@gmail.com Jessi 989-598-4404 JDelliBovi827@aol.com Kélé IIIdeltawaverly@gmail.com

**East Lansing La Leche League** *lalecheeastlansing.com* **Meetings** 1<sup>st</sup> Thursday 6:30 pm, First Christian Church, 1001 Chester Road, Lansing, just west of Frandor 3<sup>rd</sup> Thursday 6:30 pm, Willow Tree Family Center 3333 S Pennsylvania Ave #101, Lansing, MI 48910 **Group Leaders** Laura laura@ericsprojects.com

Jodi (517) 648-0432 Lindsey (586) 801-3763 lindseylaforte@gmail.com

**Breastfeeding in East Lansing Facebook Support** Search on Facebook for "Breastfeeding in East Lansing" to find and request to join *https://www.facebook.com/groups/98260684987/* 

**WIC Breastfeeding Help Line** Leave a message 24/7. A Breastfeeding Peer Counselor will return your call. (517) 887-4543 **Ingham County Health Department** Public Health Nurse home visits for breastfeeding support. Medicaid-eligible clients (517) 887-4322



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### East Lansing La Leche League lalecheeastlansing.com

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Capital Area Breastfeeding Coalition <u>www.mibreastfedbaby.com</u> 1-30-2019