



Breastfeeding Resource Guide 3-21-2019

For use by health care providers, mothers and others. If you know of a resource that should be added please contact Ann Siegle at annsiegleg@gmail.com. For more, go to www.mibreastfedbaby.com

FREE Breastfeeding Support:

Black Breastfeeding Sisterhood Mother-led breastfeeding support group

Meetings 2nd and 4th Thursdays, 5:30 -7 pm, Willow Tree Family Center 3333 S. Pennsylvania, Lansing, Park in the back (586) 806-9832 or (313) 948-2261

Breastfeeding Group Meet other breastfeeding moms and discuss concerns, find support, share experiences.

Meetings Drop-In Tuesdays 12 noon- 1 pm Sparrow Professional Building, Conference Rm. A (2nd floor)
Groups are facilitated by clinicians with breastfeeding certification

Capital Area Baby Café: Drop in breastfeeding support.

Meetings Wednesdays 10 am-12 pm, Pennway Church of God 1101 E. Cavanaugh, Lansing, MI 48910.
Call EPO for more info: (517) 887-7000 [Facebook.com/capitalareababycafe](https://www.facebook.com/capitalareababycafe)

Delta Waverly La Leche League Breastfeeding information and encouragement from accredited La Leche Leaders and other mothers. www.facebook.com/deltawaverlylalecheleague, www.lldeltawaverly.weebly.com

Meetings 2nd and 4th Wednesdays 10 am, and 3rd Tuesdays 6:30 pm, Delta Presbyterian Church (lower level) 6100 W. Michigan Ave., Lansing MI 48917

Group Leaders

Mary Ann (h) 517-321-1818 (c) 517-230-1503 mamartin@sprynet.com

Alexia 248-766-6988 alexiamansour@gmail.com

Jessi 989-598-4404 JDelliBovi827@aol.com

Kélé lldeltawaverly@gmail.com

East Lansing La Leche League: <http://lalecheeastlansing.com/>

Meetings 1st Thursdays at 6:30 pm, First Christian Church, 1001 Chester Road, Lansing
3rd Thursdays at 6:30 pm Willow Tree Family Center 3333 S. Pennsylvania Ave #101, Lansing, MI 48910

Virtual Meetings 4th Thursday at 9:00 p.m. Join meetings here:

<https://www.facebook.com/lalecheeastlansing/posts/494768520707887>

Breastfeeding in East Lansing Facebook Support Group:

Search Facebook for "Breastfeeding in East Lansing to find and request to join.

<https://www.facebook.com/groups/98260684987/>

WIC Breastfeeding Help Line Leave a message 24/7. A Breastfeeding Peer Counselor will return your call. (517) 887-4543.

Ingham County Health Department Public Health Nurse home visits for breastfeeding support. Medicaid-eligible clients (517) 887-4322.

Black Breastfeeding Moms of Michigan: <https://www.facebook.com/groups/276094752544551/>

Ingham County WIC Program – 517-887-4326

Eaton County WIC Program - 517-541-2630; WIC Breastfeeding Peer Counselor - 517-541-2650

Mid-Michigan District Health Department (Clinton County) WIC Program - 989-224-2195

Shiawassee County Health Department WIC Program - 989-743-2383 or 800-859-4229

Lactation Consultants – Hospital-based

McLaren Greater Lansing--517 975-7330 Deb Kline, RN

Sparrow Lactation Support Services (at Sparrow Only) – 517-364-2652

Tammy Ashley, RN, MSN, CFNP, IBCLC

Tina Brenner, BSN, IBCLC

Kathleen Chandler, RN, IBCLC

Lori Johnson, RN, IBCLC

Kathy Malone, LBSW, RN, IBCLC

Karen Twyman, RN, MS, MSW, IBCLC

Kristin Caverly BSN, RN, IBCLC -- 517-364-2844 RNICU only

Lactation Consultants-- Fee-for-Service

Tina Brenner, RN, BSN, IBCLC – 517-282-4399; 517-282-4399 <http://www.babysteps lactation.com/>

Linda Gewirtz, RN, IBCLC, Say Yes to Breast, 989-415-9991

Bosom Buddies: Kathy Malone, LBSW, RN, IBCLC -- 810-229-3328 Livingston County

Abbie Mullins, IBCLC, LCCE, CLC, BSN, RNC-MNN 773-870-2899 info@abbiemullins.com

www.abbiemullins.com

Laura Spitzfaden, IBCLC - laura@ericsprojects.com Bills insurance. <http://feedthebabyllc.com>

Breastfeeding Clinic: Sparrow Out Patient Breastfeeding Clinic is located in the Sparrow Professional Building, opposite the main hospital. A doctor and lactation consultant team help moms and babies that are having problems with breastfeeding. Appointments are made by referral from the mother's or the baby's primary healthcare provider.

Drop-In Breastfeeding Clinic held Mondays and Thursdays from 10 a.m. – 1 p.m. at Next Generation Lactation Service located at 3333 S. Pennsylvania, Suite 101, Lansing, MI lower level. A Certified Nurse-Midwife and Lactation Counselors are available to help with breastfeeding problems. We will bill your insurance. (517) 574-0802 <http://lactationservice.com>

Other Resources

Willow Tree Family Center, 3333 S. Pennsylvania Ave., Suite 101, Lansing, MI 48910 www.willowtreefamily.com 586-806-WTFC

For more, go to www.mibreastfedbaby.com and the [Capital Area Breastfeeding Coalition Facebook page](#).